

令和2年度（一財）広島県水泳連盟 強化指定選手標準記録

女子	種目 距離	自由形					背泳ぎ			平泳ぎ		バタフライ		個人メドレー	
		50	100	200	400	800	1500	100	200	100	200	100	200	200	400
標準記録	高3	25.63	56.00	2:00.71	4:15.08	8:41.03	16:46.12	1:01.76	2:13.10	1:09.03	2:28.40	59.73	2:10.91	2:13.84	4:46.06
	高2	25.84	56.17	2:01.84	4:17.65	8:43.90	16:56.23	1:02.17	2:13.84	1:09.40	2:29.12	1:00.00	2:11.91	2:15.45	4:47.66
	高1	26.04	56.34	2:02.97	4:20.21	8:46.77	17:06.34	1:02.57	2:14.57	1:09.76	2:29.83	1:00.27	2:12.90	2:17.05	4:49.26
	中3	26.30	56.91	2:04.21	4:22.72	8:52.39	17:21.89	1:03.20	2:15.93	1:10.46	2:32.10	1:00.88	2:14.24	2:18.43	4:52.17
	中2	26.56	57.47	2:05.44	4:25.23	8:58.01	17:37.44	1:03.83	2:17.28	1:11.16	2:34.37	1:01.48	2:15.57	2:19.81	4:55.07
	中1	27.07	58.56	2:07.86	4:29.05	9:08.34	17:57.74	1:05.06	2:19.92	1:11.47	2:35.74	1:02.65	2:18.17	2:22.49	5:00.76
高3	1%	25.89	56.56	2:01.92	4:17.63	8:46.24	16:56.18	1:02.38	2:14.43	1:09.72	2:29.88	1:00.33	2:12.22	2:15.18	4:48.92
	2%	26.14	57.12	2:03.12	4:20.18	8:51.45	17:06.24	1:03.00	2:15.76	1:10.41	2:31.37	1:00.92	2:13.53	2:16.52	4:51.78
	3%	26.40	57.68	2:04.33	4:22.73	8:56.66	17:16.30	1:03.61	2:17.09	1:11.10	2:32.85	1:01.52	2:14.84	2:17.86	4:54.64
	4%	26.66	58.24	2:05.54	4:25.28	9:01.87	17:26.36	1:04.23	2:18.42	1:11.79	2:34.34	1:02.12	2:16.15	2:19.19	4:57.50
	5%	26.91	58.80	2:06.75	4:27.83	9:07.08	17:36.43	1:04.85	2:19.75	1:12.48	2:35.82	1:02.72	2:17.46	2:20.53	5:00.36
	6%	27.17	59.36	2:07.95	4:30.38	9:12.29	17:46.49	1:05.47	2:21.09	1:13.17	2:37.30	1:03.31	2:18.76	2:21.87	5:03.22
高2	1%	26.10	56.73	2:03.06	4:20.23	8:49.14	17:06.39	1:02.79	2:15.18	1:10.09	2:30.61	1:00.60	2:13.23	2:16.80	4:50.54
	2%	26.36	57.29	2:04.28	4:22.80	8:54.38	17:16.55	1:03.41	2:16.52	1:10.79	2:32.10	1:01.20	2:14.55	2:18.16	4:53.41
	3%	26.62	57.86	2:05.50	4:25.38	8:59.62	17:26.72	1:04.04	2:17.86	1:11.48	2:33.59	1:01.80	2:15.87	2:19.51	4:56.29
	4%	26.87	58.42	2:06.71	4:27.96	9:04.86	17:36.88	1:04.66	2:19.19	1:12.18	2:35.08	1:02.40	2:17.19	2:20.87	4:59.17
	5%	27.13	58.98	2:07.93	4:30.53	9:10.09	17:47.04	1:05.28	2:20.53	1:12.87	2:36.58	1:03.00	2:18.51	2:22.22	5:02.04
	6%	27.39	59.54	2:09.15	4:33.11	9:15.33	17:57.20	1:05.90	2:21.87	1:13.56	2:38.07	1:03.60	2:19.82	2:23.58	5:04.92
高1	1%	26.30	56.90	2:04.20	4:22.81	8:52.04	17:16.60	1:03.20	2:15.92	1:10.46	2:31.33	1:00.87	2:14.23	2:18.42	4:52.15
	2%	26.56	57.47	2:05.43	4:25.41	8:57.31	17:26.87	1:03.82	2:17.26	1:11.16	2:32.83	1:01.48	2:15.56	2:19.79	4:55.05
	3%	26.82	58.03	2:06.66	4:28.02	9:02.57	17:37.13	1:04.45	2:18.61	1:11.85	2:34.32	1:02.08	2:16.89	2:21.16	4:57.94
	4%	27.08	58.59	2:07.89	4:30.62	9:07.84	17:47.39	1:05.07	2:19.95	1:12.55	2:35.82	1:02.68	2:18.22	2:22.53	5:00.83
	5%	27.34	59.16	2:09.12	4:33.22	9:13.11	17:57.66	1:05.70	2:21.30	1:13.25	2:37.32	1:03.28	2:19.54	2:23.90	5:03.72
	6%	27.60	0:59.72	2:10.35	4:35.82	9:18.38	18:07.92	1:06.32	2:22.64	1:13.95	2:38.82	1:03.89	2:20.87	2:25.27	5:06.62
中3	1%	26.56	57.48	2:05.45	4:25.35	8:57.71	17:32.31	1:03.83	2:17.29	1:11.16	2:33.62	1:01.49	2:15.58	2:19.81	4:55.09
	2%	26.83	58.05	2:06.69	4:27.97	9:03.04	17:42.73	1:04.46	2:18.65	1:11.87	2:35.14	1:02.10	2:16.92	2:21.20	4:58.01
	3%	27.09	58.62	2:07.94	4:30.60	9:08.36	17:53.15	1:05.10	2:20.01	1:12.57	2:36.66	1:02.71	2:18.27	2:22.58	5:00.94
	4%	27.35	59.19	2:09.18	4:33.23	9:13.69	18:03.57	1:05.73	2:21.37	1:13.28	2:38.18	1:03.32	2:19.61	2:23.97	5:03.86
	5%	27.62	59.76	2:10.42	4:35.86	9:19.01	18:13.98	1:06.36	2:22.73	1:13.98	2:39.71	1:03.92	2:20.95	2:25.35	5:06.78
	6%	27.88	1:00.32	2:11.66	4:38.48	9:24.33	18:24.40	1:06.99	2:24.09	1:14.69	2:41.23	1:04.53	2:22.29	2:26.74	5:09.70
中2	1%	26.83	58.04	2:06.69	4:27.88	9:03.39	17:48.01	1:04.47	2:18.65	1:11.87	2:35.91	1:02.09	2:16.93	2:21.21	4:58.02
	2%	27.09	58.62	2:07.95	4:30.53	9:08.77	17:58.59	1:05.11	2:20.03	1:12.58	2:37.46	1:02.71	2:18.28	2:22.61	5:00.97
	3%	27.36	59.19	2:09.20	4:33.19	9:14.15	18:09.16	1:05.74	2:21.40	1:13.29	2:39.00	1:03.32	2:19.64	2:24.00	5:03.92
	4%	27.62	59.77	2:10.46	4:35.84	9:19.53	18:19.74	1:06.38	2:22.77	1:14.01	2:40.54	1:03.94	2:20.99	2:25.40	5:06.87
	5%	27.89	1:00.34	2:11.71	4:38.49	9:24.91	18:30.31	1:07.02	2:24.14	1:14.72	2:42.09	1:04.55	2:22.35	2:26.80	5:09.82
	6%	28.15	1:00.92	2:12.97	4:41.14	9:30.29	18:40.89	1:07.66	2:25.52	1:15.43	2:43.63	1:05.17	2:23.70	2:28.20	5:12.77
中1	1%	27.34	59.15	2:09.14	4:31.74	9:13.82	18:08.52	1:05.71	2:21.31	1:12.19	2:37.30	1:03.28	2:19.55	2:23.92	5:03.77
	2%	27.61	59.73	2:10.42	4:34.43	9:19.31	18:19.30	1:06.36	2:22.71	1:12.90	2:38.86	1:03.91	2:20.94	2:25.34	5:06.78
	3%	27.88	1:00.32	2:11.70	4:37.12	9:24.79	18:30.08	1:07.01	2:24.11	1:13.62	2:40.42	1:04.53	2:22.32	2:26.77	5:09.79
	4%	28.15	1:00.90	2:12.98	4:39.81	9:30.27	18:40.85	1:07.66	2:25.51	1:14.33	2:41.97	1:05.16	2:23.70	2:28.19	5:12.80
	5%	28.42	1:01.49	2:14.25	4:42.50	9:35.76	18:51.63	1:08.31	2:26.91	1:15.05	2:43.53	1:05.79	2:25.08	2:29.62	5:15.80
	6%	28.69	1:02.08	2:15.53	4:45.19	9:41.24	19:02.41	1:08.96	2:28.31	1:15.76	2:45.09	1:06.41	2:26.46	2:31.04	5:18.81

令和2年度（一財）広島県水泳連盟 強化指定選手標準記録

男子	種目 距離	自由形					1500	背泳ぎ		平泳ぎ		バタフライ		個人メドレー	
		50	100	200	400	800		100	200	100	200	100	200	200	400
標準記録	高3	23.20	50.83	1:50.64	3:53.83	8:12.58	15:31.34	56.71	2:01.67	1:02.00	2:13.64	53.78	1:59.86	2:02.60	4:19.39
	高2	23.44	51.34	1:51.76	3:56.18	8:20.05	15:39.12	57.28	2:02.90	1:02.51	2:14.67	54.32	2:01.07	2:03.84	4:22.00
	高1	23.67	51.85	1:52.87	3:58.53	8:27.51	15:46.89	57.85	2:04.12	1:03.02	2:15.70	54.86	2:02.27	2:05.07	4:24.60
	中3	23.91	52.38	1:54.01	4:00.90	8:32.61	16:01.24	58.44	2:05.37	1:04.30	2:17.76	55.41	2:03.50	2:06.97	4:28.61
	中2	24.15	52.90	1:55.14	4:03.27	8:37.71	16:15.59	59.02	2:06.61	1:05.58	2:19.82	55.96	2:04.72	2:08.86	4:32.62
	中1	24.81	54.36	1:58.33	4:10.52	8:50.91	16:40.47	1:00.64	2:10.10	1:07.40	2:24.39	57.51	2:08.17	2:12.94	4:41.64
高3	1%	23.43	51.34	1:51.75	3:56.17	8:17.51	15:40.65	57.28	2:02.89	1:02.62	2:14.98	54.32	2:01.06	2:03.83	4:21.98
	2%	23.66	51.85	1:52.85	3:58.51	8:22.43	15:49.97	57.84	2:04.10	1:03.24	2:16.31	54.86	2:02.26	2:05.05	4:24.58
	3%	23.90	52.35	1:53.96	4:00.84	8:27.36	15:59.28	58.41	2:05.32	1:03.86	2:17.65	55.39	2:03.46	2:06.28	4:27.17
	4%	24.13	52.86	1:55.07	4:03.18	8:32.28	16:08.59	58.98	2:06.54	1:04.48	2:18.99	55.93	2:04.65	2:07.50	4:29.77
	5%	24.36	53.37	1:56.17	4:05.52	8:37.21	16:17.91	59.55	2:07.75	1:05.10	2:20.32	56.47	2:05.85	2:08.73	4:32.36
	6%	24.59	53.88	1:57.28	4:07.86	8:42.13	16:27.22	00.11	2:08.97	1:05.72	2:21.66	57.01	2:07.05	2:09.96	4:34.95
高2	1%	23.67	51.85	1:52.88	3:58.54	8:25.05	15:48.51	57.85	2:04.13	1:03.14	2:16.02	54.86	2:02.28	2:05.08	4:24.62
	2%	23.91	52.37	1:54.00	4:00.90	8:30.05	15:57.90	58.43	2:05.36	1:03.76	2:17.36	55.41	2:03.49	2:06.32	4:27.24
	3%	24.14	52.88	1:55.11	4:03.27	8:35.05	16:07.29	59.00	2:06.59	1:04.39	2:18.71	55.95	2:04.70	2:07.56	4:29.86
	4%	24.38	53.39	1:56.23	4:05.63	8:40.05	16:16.68	59.57	2:07.82	1:05.01	2:20.06	56.49	2:05.91	2:08.79	4:32.48
	5%	24.61	53.91	1:57.35	4:07.99	8:45.05	16:26.08	00.14	2:09.05	1:05.64	2:21.40	57.04	2:07.12	2:10.03	4:35.10
	6%	24.85	54.42	1:58.47	4:10.35	8:50.05	16:35.47	00.72	2:10.27	1:06.26	2:22.75	57.58	2:08.33	2:11.27	4:37.72
高1	1%	23.91	52.37	1:54.00	4:00.92	8:32.59	15:56.36	58.43	2:05.36	1:03.65	2:17.06	55.41	2:03.49	2:06.32	4:27.25
	2%	24.14	52.89	1:55.13	4:03.30	8:37.66	16:05.83	59.01	2:06.60	1:04.28	2:18.41	55.96	2:04.72	2:07.57	4:29.89
	3%	24.38	53.41	1:56.26	4:05.69	8:42.74	16:15.30	59.59	2:07.84	1:04.91	2:19.77	56.51	2:05.94	2:08.82	4:32.54
	4%	24.62	53.92	1:57.38	4:08.07	8:47.81	16:24.77	00.16	2:09.08	1:05.54	2:21.13	57.05	2:07.16	2:10.07	4:35.18
	5%	24.85	54.44	1:58.51	4:10.46	8:52.89	16:34.23	00.74	2:10.33	1:06.17	2:22.49	57.60	2:08.38	2:11.32	4:37.83
	6%	25.09	54.96	1:59.64	4:12.84	8:57.96	16:43.70	1:01.32	2:11.57	1:06.80	2:23.84	58.15	2:09.61	2:12.57	4:40.48
中3	1%	24.15	52.90	1:55.15	4:03.31	8:37.74	16:10.85	59.02	2:06.62	1:04.94	2:19.14	55.96	2:04.74	2:08.24	4:31.30
	2%	24.39	53.43	1:56.29	4:05.72	8:42.86	16:20.46	59.61	2:07.88	1:05.59	2:20.52	56.52	2:05.97	2:09.51	4:33.98
	3%	24.63	53.95	1:57.43	4:08.13	8:47.99	16:30.08	00.19	2:09.13	1:06.23	2:21.89	57.07	2:07.20	2:10.78	4:36.67
	4%	24.87	54.48	1:58.57	4:10.54	8:53.11	16:39.69	1:00.78	2:10.38	1:06.87	2:23.27	57.63	2:08.44	2:12.05	4:39.35
	5%	25.11	55.00	1:59.71	4:12.94	8:58.24	16:49.30	1:01.36	2:11.64	1:07.52	2:24.65	58.18	2:09.68	2:13.32	4:42.04
	6%	25.34	55.52	2:00.85	4:15.35	9:03.37	16:58.91	1:01.95	2:12.89	1:08.16	2:26.03	58.73	2:10.91	2:14.59	4:44.73
中2	1%	24.39	53.43	1:56.29	4:05.70	8:42.89	16:25.35	59.61	2:07.88	1:06.24	2:21.22	56.52	2:05.97	2:10.15	4:35.35
	2%	24.63	53.96	1:57.44	4:08.14	8:48.06	16:35.10	1:00.20	2:09.14	1:06.89	2:22.62	57.08	2:07.21	2:11.44	4:38.07
	3%	24.87	54.49	1:58.59	4:10.57	8:53.24	16:44.86	1:00.79	2:10.41	1:07.55	2:24.01	57.64	2:08.46	2:12.73	4:40.80
	4%	25.12	55.02	1:59.75	4:13.00	8:58.42	16:54.61	1:01.38	2:11.67	1:08.20	2:25.41	58.20	2:09.71	2:14.01	4:43.52
	5%	25.36	55.54	2:00.90	4:15.43	9:03.60	17:04.37	1:01.97	2:12.94	1:08.86	2:26.81	58.76	2:10.96	2:15.30	4:46.25
	6%	25.60	56.07	2:02.05	4:17.87	9:08.77	17:14.13	1:02.56	2:14.21	1:09.51	2:28.21	0:59.32	2:12.20	2:16.59	4:48.98
中1	1%	25.06	54.90	1:59.51	4:13.02	8:56.22	16:50.47	1:01.25	2:11.41	1:08.07	2:25.84	58.09	2:09.46	2:14.27	4:44.46
	2%	25.31	55.45	2:00.70	4:15.53	9:01.53	17:00.48	1:01.86	2:12.71	1:08.74	2:27.28	58.66	2:10.74	2:15.60	4:47.28
	3%	25.56	55.99	2:01.88	4:18.04	9:06.84	17:10.48	1:02.46	2:14.01	1:09.42	2:28.72	59.24	2:12.02	2:16.93	4:50.09
	4%	25.80	56.53	2:03.06	4:20.54	9:12.15	17:20.49	1:03.07	2:15.31	1:10.09	2:30.17	0:59.81	2:13.30	2:18.26	4:52.91
	5%	26.05	57.08	2:04.25	4:23.05	9:17.46	17:30.49	1:03.68	2:16.61	1:10.77	2:31.61	1:00.39	2:14.58	2:19.59	4:55.73
	6%	26.30	57.62	2:05.43	4:25.55	9:22.77	17:40.50	1:04.28	2:17.91	1:11.44	2:33.06	1:00.96	2:15.87	2:20.92	4:58.54